

POST OPERATIVE INSTRUCTIONS FOR DENTURES / PARTIALS

- It is normal to experience some discomfort & sore spots while getting use to your new denture. You may need a few adjustments on your denture to fit comfortably.
- You may have speech problems with your denture in, to help with your speech initially speak slowly. In addition you could read aloud each day for a few minutes, your mouth will adjust & your speech should improve.
- It is important to clean your dentures with a denture brush or your normal toothbrush & mild toothpaste.
- It is recommended that you soak your denture at least once a week (ideally daily) with a denture cleaner (eg Polident or Steradent) to keep them clean.
- Also it is essential to remove your dentures every night to allow your gums to rest.
- Please **BRING** your dentures with you to all your appointments whether it is for a check up or a filling - We may need to adjust your dentures.

PLEASE CONTACT OUR SURGERY IF YOU HAVE ANY DISCOMFORT WITH YOUR DENTURE

***Please note:** The day before your appointment with us please leave your denture in so we can identify your problem.