POST OPERATIVE INSTRUCTIONS FOR CROWN & BRIDGEWORK

1. **Having a temporary crown or bridge:**

   Before you receive a permanent crown or bridge you will first receive a temporary crown or bridge.
   - You may have temperature sensitivity including both hot & cold. The sensitivity should subside after a few weeks of placing the permanent crown or bridge.
   - Avoid sticky foods, hard foods & try to chew on the opposite side if possible.
   - Brush your teeth normally with a soft toothbrush.

2. **After the permanent crown or bridge has been issued:**

   - In the first 24 hours a soft diet is recommended, the cement needs time to set to have maximum strength.
   - Mild sensitivity to hot or cold foods is common. It should disappear gradually over a few weeks.
   - Avoid chewing hard foods on the crown or bridge placed, such as: ice, nuts, hard candy, pork crackling etc.

PLEASE CONTACT OUR SURGERY IF YOU ARE IN PAIN OR IF YOU HAVE ANY CONCERNS